

OTHER INFORMATION

PICTURE OF HEALTH

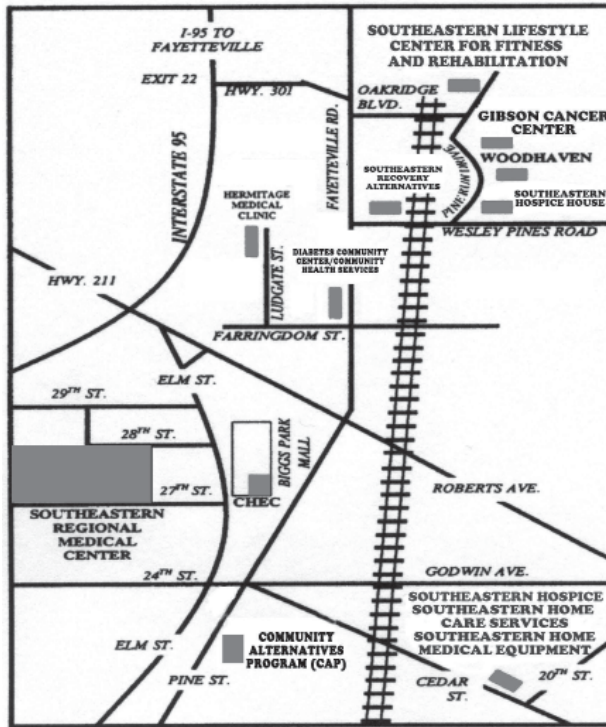
Picture of Health, a television series which features the physicians, programs and services of Southeastern Regional Medical Center, airs Saturdays at 10 a.m. on Ion Media Network (Cable Channel 8 and Digital Channel 62.1). For more information about the television program, call 671-5018.

SPEAKERS BUREAU

Health care professionals from Southeastern Regional Medical Center are available to speak on a wide variety of topics to civic, church and community groups free of charge. Speakers include hospital physicians, administrators, nurses, educators and allied health professionals. These speakers can talk on almost any health-related topic.

To schedule a speaker, call 671-5499. Please allow two weeks advance notice.

For more information about Southeastern Regional Medical Center's services and events, visit www.srmc.org.



To submit additions or changes to this listing, call Public Relations at (910) 671-5499. 11/09



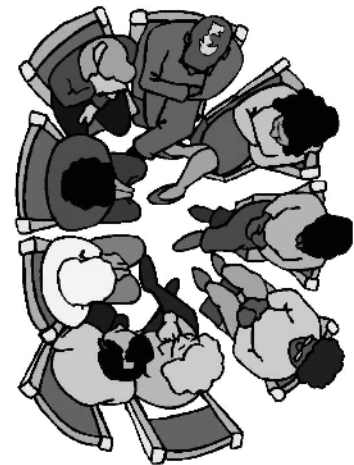
300 West 27th St.
Lumberton, NC 28358
(910) 671-5000

www.srmc.org

LEAN ON US

 SOUTHEASTERN
REGIONAL
MEDICAL CENTER

Support Groups



Support Groups

Southeastern Regional Medical Center either hosts or sponsors the following support groups. Dates and times are subject to change without notice. Please call ahead to verify date, time and location of these meetings:

ALCOHOLICS ANONYMOUS (AA)

This self-help group for recovering alcoholics meets weekly:

Tuesdays and **Fridays** at 8 p.m. at Southeastern Recovery Alternatives, 705-B Wesley Pines Rd., Lumberton. Call 272-3030.

ALZHEIMER'S DISEASE

For caregivers of patients with Alzheimer's disease and related disorders, this group meets the **second Thursday** each month at 6 p.m. in the dining room of WoodHaven Nursing and Alzheimer's Care Center, 1150 Pine Run Drive, Lumberton. Call 671-5703 for more information.

BEREAVEMENT

For grieving individuals who have experienced the loss of a loved one, this group meets for five weeks in the **fall** and **spring**. Sessions begin on the third Tuesday of September and the third Tuesday of January. Meetings are held each week at 7 p.m. at 2002 N. Cedar St., Lumberton. For more information call Southeastern Hospice, 671-5655.

BREAST CANCER

Sisters Network, a support group primarily for African American women diagnosed with breast cancer, meets the **Monday after the third Sunday** of each month at 6 p.m. at the Dr. A.J. Robinson Medical Clinic, 800 Martin Luther King Jr. Dr., Lumberton. Call 738-3175 for more information.

DIABETES COMMUNITY NETWORK

The Diabetes Community Center sponsors this meeting at 5:30 p.m. on the **first Tuesday** of each month in the Pine/Willow Room at SRMC. This outreach group helps individuals with diabetes. For more information, call 671-5595.

FEMALE CANCER

The Gibson Cancer Center sponsors the **Unique Surviving Sisters** support group for women diagnosed with breast cancer and other cancers of the reproductive system.

The support group meets the **second Tuesday** of each month at 6 p.m. in the Obbie Lee Community Education Room of the Gibson Cancer Center, 1200 Pine Run Dr., Lumberton.

Call the Gibson Cancer Center at 671-5768 or the American Cancer Society at 1-877-227-9416 for more information.

HEART DISEASE

Happy Hearts Cardiac Support Group, a group for people with heart disease and their family members, meets quarterly. For more information, call 671-5067.

NARCOTICS ANONYMOUS (NA)

This self-help group for persons recovering from drug addiction meets on **Mondays** at 8 p.m. at Southeastern Recovery Alternatives, 705-B Wesley Pines Rd., Lumberton. For more information, call 272-3030.

PROSTATE CANCER

Man-to-Man, a support group and lecture series for men diagnosed with prostate cancer, meets the **third Tuesday** of each month at 7 p.m. in the Obbie Lee Community Education Room of the Gibson Cancer Center, 1200 Pine Run Dr., Lumberton. Call the Gibson Cancer Center at 671-5768 or the American Cancer Society at 1-877-227-9416 for more information.

SUPER LUNGS

For people with breathing problems and lung disorders, this group meets quarterly. Call 738-5403 for more information.

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